Holy Eucharist Rite II

Fourth Sunday in Lent
March 15, 2026

Courage Is Contagious

St. Andrew's Episcopal Church

Feeding the Hungry + Welcoming the Stranger
Being Transformed by God

An Invitation to a Holy Lent

The Season of Lent is set aside as a time of renewal, repentance, and remembrance. During Lent, we are invited to deepen our awareness of God's presence in our lives, and to draw closer to God. Traditionally, Christians have done this by choosing to make sacrifices or add disciplines of Bible reading and study, fasting, or prayer. Lent is also a time for reflection, a time to discover and remove the self-made barriers that keep us from experiencing God more fully. Throughout Lent, the worship services are still joyful, but more subdued. The church hangings are purple, the word "Alleluia" is not used in the liturgy or the hymns, and our altars are not adorned with flowers. These practices help the worshipping community mark this as a season for remembering God's gifts of mercy and grace.

Welcome to this morning's worship! *Thank you for joining us today. If you are new to our service, please take a moment to fill out our welcome card so we can get to know you. Please use this bulletin, the red Book of Common Prayer (BCP), and the blue Hymnal to follow along in worship. Nursery care is available down the stairs at the back of the church. We offer Children's Ministry Time during worship as well as activity bags at the back of the church to keep little hearts and hands engaged.*

Prelude
Let Us All with One Accord Robert Lind

Opening Hymn *(Please stand as you are able.)*
Eternal Lord of love, behold your Church Hymnal 149

The Opening Acclamation BCP p. 355
Celebrant Bless the Lord who forgives all our sins.
People ***God's mercy endures for ever. Amen.***

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

Kyrie Hymnal S–96
Hymns beginning with S are found in the Service music in the front pages of the Hymnal.

The Collect of the Day
Celebrant The Lord be with you.
People ***And also with you.***
Celebrant Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

The Children's Procession
All children are invited to Children's Ministry Time. They will process out of the church together and go to the classroom hall for Godly Play and Kids of the Kingdom, returning for the announcements.

Jesus loves you (sung by all)

Jesus loves you, this we know, for the Bible tells us so.
Little ones to him belong; they are weak, but He is strong.
Yes, Jesus loves you. Yes, Jesus loves you.
Yes, Jesus loves you; the Bible tells us so.

The Word of God

A Reading from the Hebrew Bible 1 Samuel 16:1–13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Reader The Word of the Lord.
People ***Thanks be to God.***

The Psalm *(sung by choir)* Psalm 23
Anglican Chant Psalter 49, by John Goss

*The Lord is my shepherd; *
I shall not be in want.
*He makes me lie down in green pastures *
and leads me beside still waters.
*He revives my soul *
and guides me along right pathways for his Name's sake.

Though I walk through the valley of the shadow of death,
*I shall fear no evil; **
for you are with me;
your rod and your staff, they comfort me.
*You spread a table before me in the presence of those who trouble me; **
you have anointed my head with oil,
and my cup is running over.
*Surely your goodness and mercy shall follow me all the days of my life, **
and I will dwell in the house of the Lord for ever.

The Epistle Ephesians 5:8–14

Once you were darkness, but now in the Lord you are light. Live as children of light—for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, "Sleeper, awake! Rise from the dead, and Christ will shine on you."

Reader The Word of the Lord.
People ***Thanks be to God.***

Gradual Hymn *(standing)*
Help us, O Lord, to learn (vv. 1–2) Hymnal 628

The Holy Gospel John 9:1–41

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People ***Glory to you, Lord Christ.***

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man

called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know."

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet."

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him."

So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that

those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

Deacon The Gospel of the Lord.
People ***Praise to you, Lord Christ.***

Gradual Hymn
Help us, O Lord, to learn (v. 3) Hymnal 628

The Sermon *(seated)* The Rev. Eric Tuttle

The Nicene Creed *(standing)* BCP p. 358

The Prayers of the People (Form IV) *(standing or kneeling)* BCP p. 388

O Lord, Hear My Prayer (sung by all, one time) Jacques Berthier

O Lord, hear my prayer, O Lord, hear my prayer; when I call answer me.
O Lord, hear my prayer, O Lord, hear my prayer; come and listen to me.

The Confession and Absolution BCP p. 360

The Peace

Announcements

The Holy Communion

Offertory Anthem
Ubi Caritas Ola Gjeilo

Ubi caritas et amor, Deus ibi est.	*Where charity and love are, God is there.*
Congregavit nos in unum Christi amor.	*The love of Christ has gathered us together.*
Exsultemus et in ipso jucundemur.	*Let us rejoice and be glad in it.*
Timeamus et amemus Deum vivum.	*Let us revere and love the living God.*
Et ex corde diligamus nos sincero.	*And from a sincere heart let us love one another.*
Amen.	*Amen.*

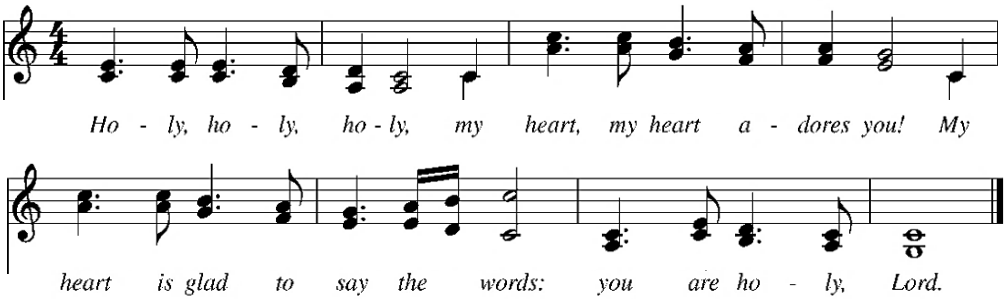
At the Presentation
The Doxology Hymnal 380, v. 3

The Great Thanksgiving, Eucharistic Prayer A BCP p. 361

Celebrant The Lord be with you.
People ***And also with you.***
Celebrant Lift up your hearts.
People ***We lift them to the Lord.***
Celebrant Let us give thanks to the Lord our God.
People ***It is right to give God thanks and praise.***

Sanctus

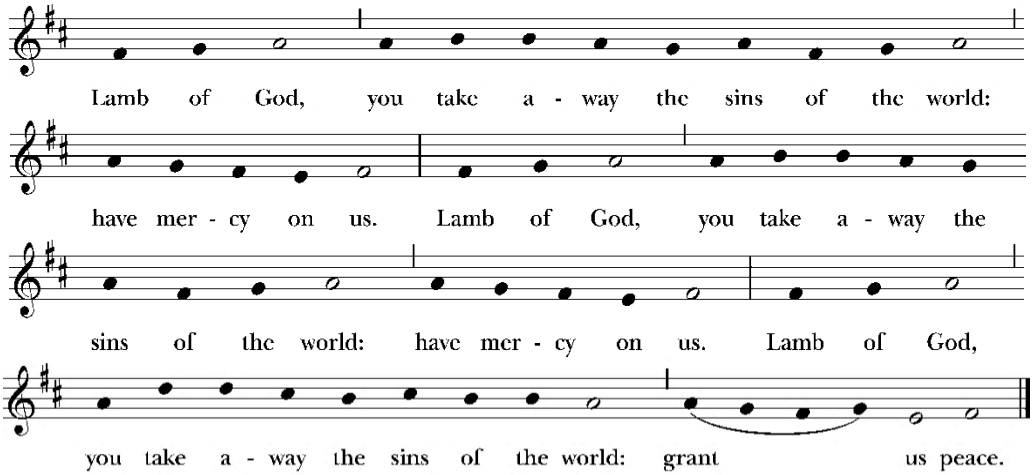
Holy, holy, holy (sung by all, two times) WLP 785



The Lord's Prayer BCP p. 364

The Breaking of the Bread

Agnus Dei *(sung by all)* Hymnal S–161

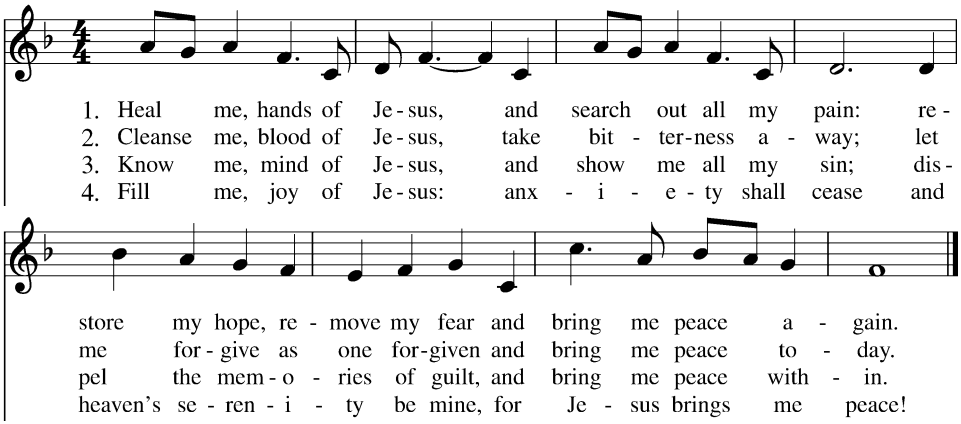


We are offering Communion in both kinds. If you do not want to receive Communion but would like to come forward for a blessing, come to either side of the altar rail and place your arms across your chest in the form of an "X" or cross.

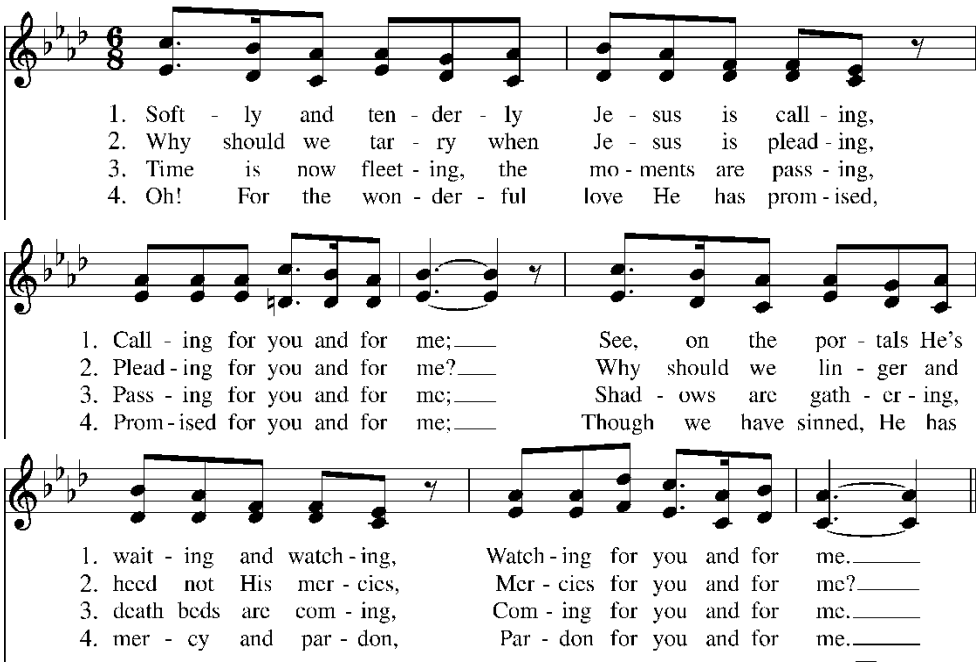
Communion Hymns *(sung by all)*

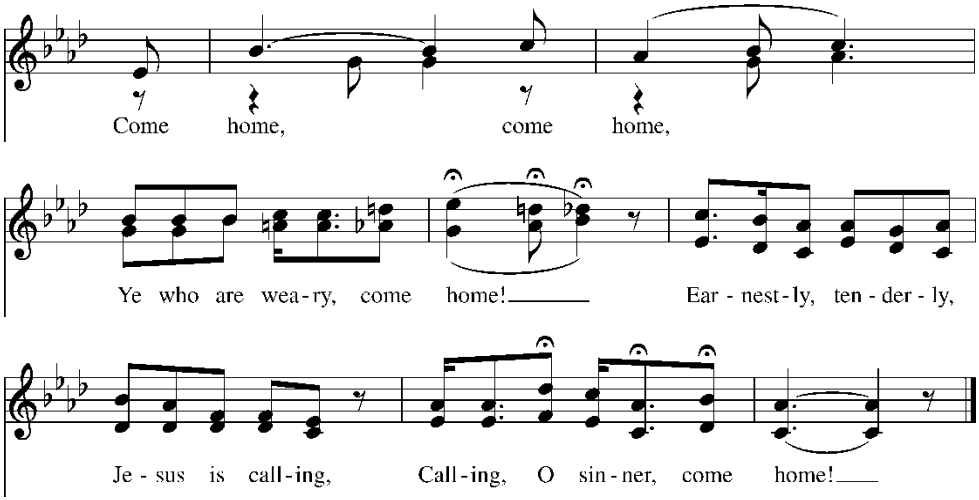
Kind Maker of the world Hymnal 152

Heal me, hands of Jesus WLP 773



Softly and tenderly Jesus is calling LEVAS 101





Postcommunion Prayer BCP p. 365

Lenten Blessing

May the One who suffers with the sin of the world pour grace upon you that your life may reveal the power of God's love, and the blessing of God, Father, Son, and Holy Spirit, be upon you this day and forever. ***Amen.***

Closing Hymn

O bless the Lord, my soul! Hymnal 411

The Dismissal

Deacon Let us go forth, sharing our courage like Christ.

People ***Thanks be to God.***

Postlude

Acolytes: *Sam Inman, Holden Troutman, Will Troutman.* ***Readers:*** *(8:30 a.m.) Carol Rich; (10 a.m.) Mark Kaley, Jill Lowe.* ***Chalicists:*** *(8:30 a.m.) Linda Cummer; (10 a.m.) Alan Atwell, Stephen Inman.* ***Verger:*** *Debbie Dowd.* ***Ushers:*** *Richard Kpangbai, Richtina Kpangbai, Rob Moore, Amelia Menston-Sambola, Jankoba Sambola, John Sweeney, Celeste Williams.* ***Greeters & Newcomer Hosts:*** *Fran Swan, Lois Washburn.* ***Altar Guild:*** *Dottie Clark, Carolyn Hackett, Anne Jones, Shelley Kappauf, Betty Self, Laurinda Stokes, Linda Van Ormer, Gail Walters.* ***Livestream Team:*** *Phil Barrineau, Sandy Shelton.*

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We Pray For

Anglican Cycle of Prayer: The Anglican Church of Kenya

Diocesan Cycle of Prayer: St. Luke's, Eden; Church of the Epiphany, Eden; Galloway Memorial Church, Elkin

Those on our parish prayer list: Norma Bullock, Traci and Erik, Jeff Cummer, Betty Atwell, Mack Baker, Lauren, Martha and Jim Kaley, Heather, Victoria, Pauline Tatum, Jim Tatum, Pia, Jeannie Phillips, James, Madeline Colavito, Hilary Towle, Myra Stephens, E. MacKenzie, Susan Seaton, Karl Towle, Heidi Dohmeier, Barbara Van Cleve, Faye Thompson, Ethan Shoffner, Paul, Karen, Sabrina, John Bald, Julie Dameron, Lynn Hayworth, Vicky, Terese Southern, Jordan, Bill Hill, Carl and Angie Smith, James R. Smith, Lauren Vasquez and family, Clare, Ken Sisk, Ken, Patricia, Rhonda Weaver, Lee Martin, Charlyne Hanna, Julia Davis, Carrether, Michael Ballard, Katherine Yost Hayden, Carole, Kat, and Julia, Greta, Susan Mole, Angela

Seminarian: Ryan Waide

Those serving in our military: Tom Stauffer, Paul Zeigler, Stephen Johnson, Benjamin Phillips, Kenneth Gearhart, Alex Reyes, Michael McNeil, Jordan Payne, Catharyn Nosek

The departed: Dan Deignan, father of Erin Reis

Those expecting: Olivia and Sean Toso (March); Cody and Kelly Grant Lankford (late July)

Birthdays: Ann Doyle, Terrance Horne, Nancy Kimbrough, Henry Klett, Hope Klett, Michael Klett, John Walton

Please send prayer requests to Susan Frye at parish@standrewsgso.org or 336-275-1651, ext. 1. Names remain on our parish prayer list for six weeks. If you would like a name to remain on the list, please let Susan know. Please also email Susan with birthdays or anniversaries for the bulletin.

Today

Join Us for Lenten Formation: Courage Is Contagious Meets in the Cloister after Worship

In this class, we are considering what it means to live and act with courage as people of faith. Scripture is full of stories of courage, ranging from those like Daniel and Esther who were brave in the face of fear to whole communities of faith like those in Rome or Philippi that chose God's will over contemporary culture. In Lent, we focus on the courage of Jesus, whose love of God led him to unexpected relationships, confrontations with power, and great sacrifice. The word courage comes from the Latin root cor, *meaning heart. In the Gospels, Jesus encourages those he encounters to "take heart," to trust and be changed by God's love. Come learn with us as we explore the modern day meaning of courage and learn from those who inspire us. Courage is contagious! Led today by Martha Chaires, in the Cloister.*

Come to EYC to Help Our Neighbors in Need—Today, 5:00–6:30! (Herman Hall)
Tonight our middle and high schoolers will be having a Great-British-Baking-Show-Style casserole cook-off to benefit Abundant Life—with a mysterious twist! Come for the mysterious mystery and fun of healing our neighbors in need; stay for the mysterious baked ziti dinner. Will it be yummy? Or will it be a flop? We'll find out tonight, 5-6:30 in Herman Hall!

We're (Almost) Floored—Work Continues this Week
As you walk from the Sanctuary to the Parish Hall, be sure to notice the transformation underfoot. This past week, our Classroom Hallway was beautifully replaced by Marion Tile. This week, work will continue as we replace flooring in several rooms on that hall. Please pardon the inconvenience while this needed improvement is made, and we hope you enjoy the result.

Announcements

Lenten Midweek Eucharists: Wednesdays at Noon in the Chapel
During Lent, we are offering a midweek Noonday Eucharist in the Chapel. All are invited!

Forty Days of Feeding the Hungry
To meet our long-standing commitment to feeding the hungry, we need you! This year we are challenging everyone in the congregation to collect ***40 pounds of food or give $40*** *to support our feeding ministry during Lent. There will be boxes in the parish hall marked "40 Days" for food. Most needed food items include: rice, pasta, beans (dried and canned), canned vegetables, and canned meats and fish. Checks can be made out to "St. Andrew's Food Insecurity." Online donations are also accepted and should have "Food Insecurity" in the memo line.*

Mulch Movers Needed Before Our March 21 Work Day
We've been gifted a supply of mulch which we now need to move to the church from its current location about four miles away. Please contact Jack Garvey at jacksr.garvey@gmail.com if you can help with this time-sensitive project. If you have a pickup truck to lend to the effort, please let Jack know that as well. We need to move three truckloads prior to our March 21 work day.

Grab Your Work Gloves for Our Parish Work Day (& Light Lunch)—March 21
In preparation for Holy Week and Easter, we will have an ***All-Parish Work Day on Saturday, March 21 (9:30 a.m.–12 p.m.).*** *Please plan to join us as we spruce up our parish buildings and grounds. We will spread pine needles in bedding areas and new mulch on the playground so will need help with heavy lifting of pine straw bales and mulch transport. Lighter work is also abundant as it is time to clean small porches, pick up sticks, etc. There is a job for everyone! After work, a light lunch will be provided.* ***Please sign up at the link*** *in our eNews or on the signup sheet on the Parish Hall bulletin board to help us plan for our work and meal!* ***Questions?*** *Contact Jack Garvey, at* ***jacksr.garvey@gmail.com.***

Honor Loved Ones with Easter Flower Dedications—Submit by Thursday, March 26

We invite you to support the Altar Guild with an honorary or memorial flower offering this Easter. The bulletin for Easter Sunday will list all donors and tributes, and your donations will support the ongoing work of the Altar Guild and the abundant flowers, especially lilies, at the altar on Easter. All flower submissions must be received in the office by March 26. Please place your cash or check to St. Andrew's with "Altar Guild Easter Flowers" on the memo line in the flower envelope. Or see this week's eNews for our online flower form as well as instructions for mailing requests. ***Note: If donating online, you will also need to submit a flower form so that your tribute is not missed.***

It's Time to Sign Up for Our Summer Service Trip in Charleston, SC!

This June 21–26 we'll be heading to a new location to serve, care for, and love on our neighbors in need: Charleston, SC! We'll be hanging with our friends at the ***Charleston Youth Mission (CYM)****. (Yes, it's the same mission group we know and love from summers in Asheville!) CYM is located in the Park Circle area of Charleston, which is packed full of local history, parks, shops, and more. We'll spend our days serving the Charleston community while learning more about one of the oldest cities in our nation, including economic and racial disparity in that city, and we'll have time for reflecting on God's call for justice and equity for all. We'll wrap up our week with a beach day and some fun adventures. The cost of this trip is $200 per person, but scholarships are available—just contact martha@standrewsgso.org for more info. If you are interested in going, sign up at the link in our eNews.*

Compassion Camp Registration Is OPEN! Sign Up Today for Our VBS Week, July 27–31

This year's Compassion Camp VBS will be held July 27–31. We're already getting excited about this week of gardening, crafting, learning, yoga, and animal visitors, so be sure to mark your calendars and make your plans to attend. Compassion Camp is fully inclusive and is for ages 4–9. Ages 10 and up are welcome to come as volunteers. Compassion Camp runs Monday–Friday, 9 a.m.–12 p.m., and the cost is $50 for the week. Scholarships are available. Sign up your camper(s) at the link in this week's eNews.

We Are Grateful for Your Gifts

Your continued gifts sustain the mission and ministry of St. Andrew's. If you have questions about your giving, please email Ray Marsh at bookkeeper@standrewsgso.org or call him at 336-275-1651, ext. 3. Ray is in the office on Tuesdays and Thursdays. To make a new or pledged gift, visit abundant.co/standrewsepiscopalch/give or scan the QR code at right. Checks may be mailed to St. Andrew's Episcopal Church (Bookkeeper), 2105 W. Market St., Greensboro, NC 27403. To submit a pledge for 2026, visit tinyurl.com/WalkInLove2026 or request a pledge packet from Ray. Every pledge matters.

Lenten Resources for Reflection and Prayer

***Living Well Through Lent 2026: Cultivating Healing and Wholeness in Heart, Soul, Strength, and Mind,* from Living Compass**

Available as a booklet in our Parish Hall and church entrances and at livingcompass.org/lent

The Living Compass Model for Well-Being offers us guidance in four dimensions of our being: heart, soul, strength, and mind. Just like a mobile or kinesthetic art, these dimensions are interconnected—movement in one area affects all the others. This year's theme of Healing and Wholeness aligns beautifully with the invitation to a Holy Lent, as the words *holy, whole, health,* and *healing* all share a common root. The season of Lent is an ideal time to focus on healing and wholeness—for ourselves and for the world.

***Holy Habits: Lenten Meditations by Sister Monica Clare,* from Episcopal Relief and Development (ERD)**

Available at episcopalrelief.org/church-in-action/lent/

Written by Sister Monica Clare, an Episcopal nun, author, and unlikely TikTok star, ERD's 2026 meditations offer an invitation to rediscover—or deepen—holy habits of prayer, worship, and engagement with Scripture. These "holy habits" provide a path to a life that is given shape, meaning, and direction by being rooted in a deeper relationship with God.

Courage Is Contagious

You Are Invited to a Holy and Life-Giving
Lent, Holy Week, and Easter

Sunday Worship, 10 a.m.
Contemplative Service, Third Sundays, 8:30 a.m. *(Chapel)*
Sunday Lenten Formation, 11:15 a.m. *(Cloister)*

HOLY WEEK AND EASTER

Mar. 29	Palm Sunday Service, 10 a.m.
Apr. 2	Maundy Thursday Service, 7 p.m.
Apr. 3	Good Friday Service, 12 p.m.
Apr. 5	Easter Sunday Service, 10 a.m. *Festive Reception & Easter Egg Hunt after service*

St. Andrew's Church Staff

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2026 Vestry

Mark Courtright
Kathryn Crowe
Tim Fleming
Jack Garvey
Anne Geggie
George Hanna
AmyRuth McGraw
Spencer Musick
Janice Cox Pollard
Elizabeth Troutman
Celeste Williams
Eric Revell, *Treasurer*
Lee Eanes, *Clerk*

SAINT ANDREW'S
EPISCOPAL CHURCH
WELCOMES YOU